

EMPOWERING NKHOTAKOTA THROUGH WASH

Participatory Development Initiatives (PDI), in partnership from Stichting Heart of Generous Works International, has significantly advanced rural community resilience and public health across Nkhotakota District through comprehensive, climate-smart WASH (Water, Sanitation, and Hygiene) infrastructure and socio-economic empowerment interventions. In Chapota Village within TA Kanyenda, the partnership ensured reliable access to safe drinking water by constructing key water points—including both standard community boreholes and solar-powered water systems—drastically improving local daily water security. At Mtoso Health Centre, infrastructure was dramatically upgraded with inclusive latrine blocks, dedicated washroom facilities, a solar-powered borehole, and a specialized placenta pit to enforce sterile infection-prevention and maternal care standards. Complementing these physical structures, community-level programs proactively fostered long-term sustainability and dignity: School Health and Nutrition (SHN) teachers teamed up with local Mother Groups at Mkaika TDC to produce reusable menstrual pads for adolescent girls, living school clubs trained students in immediate tap repairs on handwashing stations, and local environmental stewards implemented catchment protection efforts—planting live tree truncheons to safeguard the intakes of gravity-fed water supply systems. Together, these coordinated activities demonstrate a holistic, sustainable model for elevating hygiene, protecting environmental resources, and bolstering healthcare delivery throughout Malawi's central region.



A woman with a bucket after drawing water from a borehole at Chapota village in TA Kanyenda, Nkhotakota District



2 latrine blocks and 1 block wash room built at Mtosso Health Centre in Nkhotakota



Placenta pit built at Mtosso Health Centre in Nkhotakota



Centre in Nkhotakota

Solar-powered borehole at Mtoso Health



Nkhotakota

Incluive latrine built at Mtoso Health Centre in



Community borehole at Chapota village in Nkhotakota



Community meeting at Kanyenda village (facilitated by HAC, DCT, DHMT, WAG and citizen action forum) in Nkhotakota



Picture above showing Visiting teams admiring a school orchard at Malowa



Picture above shows Thale Primary Living School Club fixing taps on hand washing buckets



Picture above SHN teachers and mother group members in the process of reusable menstrual pad making at Mkaika TDC in Nkhotakota



Picture showing Community members, learners and teachers reviewing and re-planning for school project activities at Chibothera Primary school in Nkhotakota



Men and women in trench digging for piped water distribution line in T/A Mwansambo in Nkhotakota



Madam Wilson, a lady with disability with access to a tap deliberately installed near her house at Chipamba Village in Machinga



Hand washing at a locally made tippy tap after using a latrine



Equity and inclusion, a man with disability washing hands using a locally made tippy tap



Catchment protection at the intake of a gravity fed water supply system in Nkhotakota, tree Truncheons planted with PDIs support